# **Medium Term Planning – Infant 3**

Term: Michaelmas 2018 Subject: PSHE

### **General Notes**

The following scheme has been drawn up with direct reference to the 'Smart' scheme for PSHE entitled 'Telling Tales' which is itself directly linked to the National Curriculum requirements for PSHE. Heavy emphasis is put on the use of telling stories, and literacy in general, to deliver the key points of the scheme. Units 1& 2 from this scheme are to be used this term, 'Knowing Me' and 'Staying healthy' Through out the term some role play and drama techniques will be used to enhance the learning experience.

#### **Aims**

- 1. To take part in discussions and discuss issues sensitively, taking into account the views of others.
- 2. To feel positive about themselves

### **Objectives**

#### Pupils should:

- 1. Share their opinions on things that matter to them and explain views.
- 2. recognize, name and deal with their feelings in a positive way
- 3. be taught to make simple choices that improve their health and well-being.
- 4. be taught about rules for, and ways of, keeping safe eg road safety.
- 5. be taught to recognize what they are good at.
- 6. be taught to recognize choices they can make, and make decisions.
- 7.be taught to recognize how their behaviour affects other people
- 8. To listen to other people and to play and work cooperatively
- 9. be taught that they belong to various groups and communities eg school, family ---via assemblies this term.

#### Areas of experience

The school will focus on providing experience in the following areas

**Linguistic** – command of language and ability to communicate grows through listening, speaking, reading and writing.

**Mathematical** – Understand and appreciate relationships and patterns in number and space and to develop their capacity to think logically and express themselves clearly. Understanding should come from practical activity, exploration and discussion.

**Scientific** – Knowledge and understanding of nature, materials and forces. Develop skills associated with scientific process of enquiry: observing, forming hypotheses, experiments and recording.

**Technological** – Planning, developing and evaluating good quality products. Using tools, materials and equipment. Responsible and safe use of computing.

Human and social - People and environment, how human action in the past has influence

events and conditions.

**Physical –** Physical control and co-ordination as well as tactical skills and imaginative responses to evaluate and improve performance. An understanding of fitness and health.

**Aesthetic and creative** – Making, composing and inventing, present in all areas especially Art, Music, drama, dance, literature.

# Scheme of Work/ Weekly Programme of Study

(WEEKS 1-6: UNIT 1: KNOWING ME)

WEEK 1 No lesson – part week

WEEK 2: Personal targets for new term

WEEK 3: Personal Strengths and Weaknesses. SMART Learning page 1 (Amazing

Grace)

WEEK 4: Personal Strengths and Weaknesses. SMART Learning page 2. Use IWB file

with Thank you letter on.

WEEK 5: Anger is usually unhelpful (p4 of Smart Learning. Use the Bad Tempered

Lady Bird by Eric Carle – recognising signs of anger. Page 6 Smart Learning This lesson will look to introduce the children to some anger management

techniques.

WEEK 6: Taking responsibility (p8 of SMART Learning) – Aesops Funky Fables or from

one of the Ginn Books - The Boy who cried Wolf.

(WEEKS 7-12: UNIT 2: STAYING HEALTHY)

WEEK 7: Healthy eating (p13 of SMART Learning for questions ideas).

Use Handa's Surprise or Oliver's Fruit Salad. Link to 5 a day

recommendations.

HALF TERM

WEEK 8: Healthy eating (p14 SMART Learning) Menu - Roald Dahl's Even More

Revolting Recipes - The BFG - Royal Breakfast for Growing Giants. (Food

Groups).

WEEK 9: Exercise - what exercise they do – what is good exercise. (p16 SMART

Learning) List all the things the body needs to keep healthy.

WEEK 10: Growing Up (p19 SMART Learning Resource) Use poem 'Shoes' to prompt

discussion and make more realistic by using props.

WEEK 11: Road Safety (page 25). Say and practise the Green Cross Code in the

classroom.

WEEK 12: Safety in general – holiday period.

WEEK 13: Any issues arising from discussions.

### Differentiation

Activities will be tailored to meet the acknowledged differing needs and abilities of individuals within the class. Details of the provision will be made in the short term planning sheets.

# **Cross Curricular Links**

These will be made wherever possible and appropriate. The main subject link, due to the published scheme used, is with Literacy. Science links with keeping healthy.

# **Deployment of Teaching Assistants**

It should be remembered that PSHE is not confined to solely these lessons, but as an integral part of our school life, and therefore, the TA's too will take an active role in promoting good standards and upholding our school ethos regarding PSHE and Citizenship.

### Resources

- Smart Learning 'Telling Tales' Teacher's Handbook
- · Various story books, as outlined in the above scheme

September 2018 LW