

Week 1
13th April,
4th May,



STRATFORD PREPARATORY

2 - 11 YRS CO-EDUCATIONAL INDEPENDENT DAY SCHOOL

**Summer
Menu**

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAT	Mexican Chilli	Salmon in a Parsley Sauce	Roast Loin of Pork	Chicken Korma	Beef Burger
MAIN VEGETARIAN	Three Bean Chilli	Ratatouille	Vegan Quorn Fillet	Roasted Cauliflower and Chickpea Curry	Vegetarian Burger
SIDES	½ Jacket Potato Tortilla Chips Sour Cream Green Salad	Penne Pasta Homemade Bread Broccoli	Roasted Potatoes Fresh Cabbage Apple Sauce Gravy	Steamed Basmati Rice Naan Bread Red Lentil Dhal Mango Chutney	Chips Peas Baked Beans
DESSERT	Homemade Ginger Biscuit	Hot Chocolate Sponge with Chocolate Sauce	Homemade Rice Pudding with Peaches	Homemade Fruity Flapjack	Iced Cake

Jacket Potatoes with cheese and beans, the salad bar and a selection of bread and fruit are available to pupils every day.

Week 2

20th April,
11th May,



STRATFORD PREPARATORY

2 - 11 YRS CO-EDUCATIONAL INDEPENDENT DAY SCHOOL

**Summer
Menu**

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAT	Chicken Burritos	Beef Bolognese	Mini Sausages in a Yorkshire Pudding	Moroccan Lamb Tagine	Battered Fish Fillet
MAIN VEGETARIAN	Roast Courgette and Pepper Burritos	Vegetable Bolognese	Vegetarian Sausages	Roasted Aubergine Tagine	Vegan Meatballs in a Rich Tomato Sauce
SIDES	Basmati Rice Sweetcorn	Fusilli Pasta Homemade Garlic Bread Green Beans Parmesan Cheese	Creamed Potatoes Broccoli Gravy	Cous Cous Roasted Vegetables	Chips Baked Beans Peas
DESSERT	Chocolate Cracknell	Cheese & Crackers Apple Wedges	Eve's Pudding & Custard	Pancakes with Toppings	Jelly & Fruit

Jacket Potatoes with cheese and beans, the salad bar and a selection of bread and fruit are available to pupils every day.

Week 3

27th April,
18th May



STRATFORD PREPARATORY

2 - 11 YRS CO-EDUCATIONAL INDEPENDENT DAY SCHOOL

**Summer
Menu**

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAT	Homemade Chicken Curry	Steak & Mushroom Pie	Roast Chicken	Ham Carbonara	Birds Eye Fish Fingers
MAIN VEGETARIAN	Vegetable Curry	Cheese & Potato Pie	Vegan Quorn Fillet	Roasted Vegetables & Tomato Pasta	Vegan Fishless Finger
SIDES	Basmati Rice Naan Bread Mango Chutney Spinach Dhal	Creamed Potatoes Fresh Carrots	Sage & Onion Stuffing Rosemary Potato Roast Cabbage Gravy	Pasta Sweetcorn Homemade Bread	Chips Baked Beans Peas
DESSERT	Organic Yogurt	Fruit Muffin	Chocolate Cracknell	Carrot & Orange Cookie	Angel Delight

Jacket Potatoes with cheese and beans, the salad bar and a selection of bread and fruit are available to pupils every day.